

UNIVERSIDAD DEL VALLE  
FACULTAD DE HUMANIDADES  
ESCUELA DE CIENCIAS DEL LENGUAJE  
LECTURA DE TEXTOS ACADÉMICOS EN INGLÉS

Name: \_\_\_\_\_

Code: \_\_\_\_\_ Date: \_\_\_\_\_

CONTESTAR EN ESPAÑOL DE ACUERDO CON EL TEXTO  
“Anthocyanins”

READING COMPREHENSION ACTIVITY

I. DEFINITIONS

Define (in Spanish)

- A. Phytochemicals
- B. Antioxidant properties
- C. ‘Nutraceuticals’

II. REFERENTS

Identify them in the reading and tell in Spanish what each one refers to.

III. CONNECTIVES

Identify them in the reading and tell in Spanish the two linked ideas:

**Primera idea:**

**Conector:** (clasificación)

**Segunda idea:**

IV. NOUN PHRASES

Identify their head nouns and give their Spanish equivalents.

V. SCANNING / INTENSIVE READING / CRITICAL READING

Answer in Spanish according to the indicated text

- A. Draw a table summarizing the information about anthocyanins given in the text (such as composition, dietary origin of these products, recommended doses, etc).
- B. Wherever possible, compare the health claims ascribed to berry nutraceuticals (*the fiction*) with the scientific information currently available (*the facts*).  
Suggestion: draw another table.
- C. Tell all the foods or plants mentioned in the reading that contain anthocyanins.
- D. Tell if the following statements are true (*fact*) or false (*fiction*). Sustain your answer
  - Phytochemicals cannot exert any biological activity because they have low potency as bioactive compounds.
  - These products are not medically proven to cure, mitigate, treat or prevent any disease.

Please help to save a tree. For your answers use the back side of this worksheet!  
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ANSWERS

