

UNIVERSIDAD DEL VALLE  
FACULTAD DE HUMANIDADES  
ESCUELA DE CIENCIAS DEL LENGUAJE  
LECTURA DE TEXTOS ACADÉMICOS EN INGLÉS  
*READING COMPREHENSION ACTIVITY*

Name: \_\_\_\_\_

Code: \_\_\_\_\_ Date: \_\_\_\_\_

**CONTESTAR EN ESPAÑOL DE ACUERDO CON EL TEXTO ADJUNTO**

**I. DERIVED WORDS**

In the reading look for the following words and tell their stems and the grammatical roles (adjective, adverb, etc) they have. In addition, give their Spanish equivalents: container, daily, higher, lower, greatest, manufacturer, reasonable, easier, information, nutritional, labeling, actually, helpful, nutritional, healthful, tropical, highly, partially, collection, fewer.

**II. PAST PARTICIPLES**

In the reading look for past participles. Which ones work as adjectives?  
Which ones work as main verbs in passive voice expressions?

**III. REFERENCES**

What does each bold-faced expression refer to?

**IV. SKIMMING / SCANNING / INTENSIVE READING / CRITICAL READING**

Answer in Spanish according to the adjoining text

- A. Skim through the text and say what it is about. **Tip**: identify words that appear frequently along the reading
- B. After you have read the whole text, suggest the title and subtitles for the reading. Justify your choice
- C. Compare saturated vs unsaturated fats (suggestion: draw a table)
- D. How many grams of the food labeled on page 1 would you need to eat if you want (and you need) to get 2.000 calories every day? Is it advisable to do this? Why? (give at least two reasons). How many containers would you need to buy every week?
- E. Discuss the following statement: “you don’t need to use cocoa butter sparsely because it is an unsaturated fat that doesn’t raise serum cholesterol levels”
- F. Is it possible to get 45 calories if you eat 10 servings of a food that is labeled as calorie free? Explain
- G. How many calories do you get if you eat a big hamburger that contains 40 g of fat, 45 g of protein, 55 g of carbohydrate; and drink half a liter of a strong beer (5 percent of alcohol in volume)?

**Tip 1**: alcohol provides 7 Calories per gram. **Tip 2**: alcohol density: 0.8

**Please help to save a tree. For your answers use the blank spaces in this worksheet!**  
**luisarcelio@yahoo.com**

**ANSWERS**

